

Highest Freezing Temperatures for Selected Fresh Produce

Produce	Scientific Name	Freezing Temp (°C)	Freezing Temp (°F)
Acerola; Barbados cherry	<i>Malpighia glabra</i>	-1.4	29.5
Apple	<i>Malus pumila</i>	-1.5	29.3
Apricot	<i>Prunus armeniaca</i>	-1.1	30
Asparagus (green, white)	<i>Asparagus officinalis</i>	-0.6	30.9
Banana	<i>Musa paradisiaca var. sapientum</i>	-0.8	30.6
Beet (bunched)	<i>Beta vulgaris</i>	-0.4	31.3
Blueberries	<i>Vaccinium corymbosum</i>	-1.3	29.7
Broccoli	<i>Brassica oleracea var. italica</i>	-0.6	30.9
Carrot (topped)	<i>Daucus carota</i>	-1.4	29.5
Cauliflower	<i>Brassica oleracea var. botrytis</i>	-0.8	30.6
Spinach	<i>Spinacia oleracea</i>	-0.3	31.5
Tomato (ripe)	<i>Lycopersicon esculentum</i>	-0.5	31.1
Lettuce	<i>Lactuca sativa</i>	-0.2	31.6